



Rotary Club of Chariton eBulletin

Tuesday, January 18, 2011

Service Above Self

[Club Web Site](#)

Editor: Jeanne Klaassen
If you have any comments or questions, email the editor.

Future Speakers

Jan 21 2011

[Heather Swarthout](#)
"Hy-Vee Health and Wellness Coordinator"

Jan 28 2011

[Mike Mammiga](#)
"Food Safety"

Upcoming Events

Multi-District PE Training Mar 04-05, Dubuque

Mar 4 2011

District Conference, Marriott Courtyard, Ankeny

Apr 28 2011

District Assembly, Marriott Courtyard, Ankeny

Apr 29 2011

Rotary International Convention, New Orleans, LA

May 21 2011

Relay for Life

Aug 5 2011

News

[How to Make-Up a Missed Meeting](#)

[Where to Make-Up a Missed Meeting](#)

[Next Board Meeting February 11, 2011](#)

[Paul Harris Fellows](#)

[Multiple Paul Harris Fellows](#)

[The Rotary Foundation Benefactors](#)

This eBulletin has been generated by **ClubRunner** club communication software. Visit clubrunner.ca for details.

© 2002- 11 Doxess. All Rights Reserved.

Membership: 53

ATTENDANCE:
January 14, 2011
Rotarians: 34

Guests: 1
Christopher Watkins

Students: 2

Proposed Member:
Christopher Watkins - by Shari Spiker
Christopher is the Market President/Senior Lender for Midwest Heritage Bank

Make-Ups:
Bill Ballard - Rotary Club of Osceola
Corliss & Jeanne Klaassen - Rotary Club of Fountain Hills, AZ

Fine Balance: \$482.00

Program 1/21: Tim Michael

Reader 1/21: Ford Brockman

Heather Swarthout, Presenter on January 21

Heather Swarthout is the new Chariton Hy-Vee Health and Wellness Coordinator. She has a Bachelor of Science Degree in Exercise Science and Physical Education from Arizona State University. She is also a Certified Health Coach through Wellcoaches and ACSM. Previously, she has worked for the Hy-Vee Health Program, Wellmark BC/BS, The Wellness Council of Iowa, and most recently, The Health and Wellness Institute of Rhode Island.

Heather is passionate about assisting others in living his/her best life through proper nutrition and physical activity. Her role as the Health and Wellness Coordinator will be to provide customers, employees, and the community with the guidance and motivation necessary to help them make more appropriate lifestyle choices. Heather is passionate about helping individuals realize that small, positive changes related to health can truly make a large impact over time. So whether you're looking for healthier ways to eat, or how to incorporate more physical activity into your lifestyle, Heather will help you find the best solution that meets your needs.

Iowa Basketball Raffle Winners

Game #4 - 1/12/11 - Northwestern/90 - IA/71
Winning Ticket #13 Jane Jones - by David Laing

Game #5 - 1/16/11 - Minn/69 - IA/59

ClubRunner Sponsors

Please visit our Sponsors.
To place your ad [click here](#).

Winning Ticket #03 Kari Lambirth

Rotarian in the News

Our congratulations to Craig Scott who will be the Assistant Governor for the next 3 years to the following clubs:

Knoxville
Pella
Oskaloosa
Albia

Dues Statements

Dues statements were sent via email this week. Payment is due by January 31st. Please contact Corliss if you have any questions or did not receive yours.

This Week's Foundation Thought is about...

Group Study Exchange. Past RI Director Bill Cadwallader reflects on the bonds created through a GSE experience over two decades ago. His GSE team has stayed in touch with their host team through yearly telephone "reunions" for 32 years. "Since our trip to District 320 in India in 1978, that Rotary district has become eight new districts. The city of Madras (now Chennai) had 4 Rotary clubs then, and now has 80 clubs and is a district of its own. I was only 40 years old and had not even become district governor when I led the team to India. No doubt, the trip encouraged me to become a district governor because I was placed with outstanding future governors of India and we went through the process together. I have now served Rotary as RI Director, with the strong basis of having served as a GSE team leader to one of the best districts in India."

Upcoming Programs & Readers**January 28**

Program: Mike Miller

Reader: Veronica Fuhs

February 4

Program: Linda O'Connell

Reader: Don Hayes

February 11

Program:

Reader: Fred Steinbach

February 18

Program: Kris Patrick

How To Log Into The Website

To find out how to log into the website [click here](#).

The Rotary Foundation (TRF)

The Rotary Foundation of RI is a not-for-profit corporation whose mission is to enable Rotarians to advance world understanding, goodwill, and peace through the improvement of health, the support of education, and the alleviation of poverty.

The Mission of The Rotary Foundation

**OUR VISION FOR THE ROTARY FOUNDATION - WHY WE EXIST -
ENABLING ROTARIANS TO ADVANCE WORLD UNDERSTANDING,
GOODWILL AND PEACE.**

**OUR MISSION - WHAT WE DO - IMPROVING HEALTH, SUPPORTING
EDUCATION AND ALLEVIATING POVERTY.**

OUR MOTTO - WHAT WE SAY - "DOING GOOD IN THE WORLD."

Membership Directory

To check your information in the Directory, update missing information, or change incorrect information, go to <http://www.clubrunner.ca/chariton>

username: yourfirstname.yourlastname.1637

password: 1637 (Unless you have changed your username & password)

Membership Proposal Form

To propose a new member you will need to **click here** to fill out the form and return to the secretary (Corliss).

ROTARY'S MISSION

The mission of Rotary International, a worldwide association of Rotary clubs, is to provide service to others, promote high ethical standards, and advance world understanding, goodwill, and peace through its fellowship of business, professional, and community leaders.

Rotary International District 6000

District Governor 2010-11- Gary Welch & Colleen gwelch3002@msn.com
District Administrator-Carolyn Scharff-877-976-8279-District Office-Pella
President, Rotary International -Ray Klinginsmith - Kirksville, MO

Club Officers & Directors

Betty Hansen, President
Roger Struve, President-elect
Corliss Klaassen, Secretary/Treasurer
Ray Meyer, Immediate Past President

Board of Directors:
(Term ends 6/30/11)
Veronica Fuhs
Jeri Reeve

(Term ends 6/30/12)
Nels Christensen
Kris Patrick
Sandra Knebel

The Object of Rotary



The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular, to encourage and foster;

I. The development of acquaintance as an opportunity for service;

II. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying by each Rotarian's occupation as an opportunity to serve society;

III. The application of the ideal of service by every Rotarian's personal, business and community life;

IV. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE FOUR-WAY TEST of the things we think say or do

first

Is it the TRUTH?

second

Is it FAIR to all concerned?

third

Will it build GOOD WILL and BETTER FRIENDSHIPS?

fourth

Will it be BENEFICIAL to all concerned?